

Headteacher: Mr K Hirst Executive Headteacher: Mr T Croft - BEd

Our Reference: HD/GHR

14th October 2020

Dear Parent/Carer

Year 9 – Restart a Heart Day – Friday 16th October 2020

As part of our on-going Personal Development Programme we would like students in Year 9 to take part in a valuable national programme called 'Restart a Heart.'

We are writing to parents to let them know that this programme will operate slightly differently this year and will involve students watching a short video on CPR and first aid support, with some limited practical activities . Ordinarily this session would be more active in nature and students would have the opportunity to practice a full range of techniques they have learnt in the session using equipment provided by the St John's Ambulance support staff. Unfortunately, due to current Coronavirus restrictions this will not be possible this time.

We feel this session is still valuable for students and the sessions will take place on Friday 16th October. This will involve a form group at a time, in approximately 30 minute sessions.

If you have any questions about this please contact either Mrs Dafforne, Mr Greenwood or the pastoral support team in school. Mr Greenwood, the Head of Year will lead these sessions in school

Yours faithfully

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Mrs H Dafforne Assistant Headteacher & <u>Designated Safeguarding Lead</u>

REDHILL ACADEMY TRUST