

Brookfield Community School

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Headteacher: Mr K Hirst

12th March 2024

Dear Parent/Carer

Route to Exams - Easter School and How to Support your Child

As we progress through this short term, the Year 11s are fast approaching the final months of their compulsory education at Brookfield, and also their summer exams. Students have started the Route to Exams programme, receiving assemblies every week to provide them with extra support and guidance on how to prepare, as well as being provided with the Route to Exams pack. It is pleasing to see a larger number of students now taking up the additional academic enrichment sessions that teachers are delivering after school and students are showing a real appreciation that they now need to put aside focused time for revision.

Easter School

We will again be running our Easter School this year, with a number of teaching staff giving their own time in the Easter holidays to offer further revision sessions. Students have been made aware of these sessions through this week's assembly, and the timetable of the sessions being offered is attached to this letter and also uploaded as a notification on Satchel One.

All year 11s are welcome to attend the sessions and we would appreciate it if you could encourage your child to register their interest by completing the form <u>here</u>, or on Satchel One. As this is just a register of interest, we will not notify parents if students do not attend the sessions.

How to Support Your Child

I do hope that you found the 'How Parents Can Help!' booklet, that was included in the Route to Exams pack, useful. Please see below a summary of some practical things that you can do to help your child over the next few months.

- Help them plan their work and revision and meet deadlines.
- Stick key dates in a prominent place e.g. kitchen fridge these can be found on the school website.
- Provide your child with a quiet place to study preferably a dining room/study, where they will not be disturbed and there is a table to work at.
- Ensure that your child has a range of stationery available to them this can range from highlighters and colour pens, smaller "flash card" style pieces of paper or card, A3 paper etc.
- Encourage your child to have a clear goal by the end of their revision period e.g. 'At the end
 of this session I will be able to label a diagram of the heart and answer a question on how the
 heart works.'
- Make sure they take regular breaks for every twenty to forty minutes of revision students should have a ten minute break.
- Test your child on the work they have been revising this will help them (and you) understand what they know and where they need to focus more attention.
- Ensure that they eat healthy food and drink plenty of water.



■ Ensure your child gets enough sleep – teenagers need between eight and ten hours sleep (Sleep Foundation). Sleep hygiene is really important and avoiding the use of any technology around bed time can help students (and adults) sleep better.

I would like to thank you for the support that you are providing to help your child achieve their very best in their exams. I have attached the latest Academic Enrichment Opportunity sessions that are running weekly. Please encourage your child to attend as many sessions as possible in these final few weeks.

If you have any queries on any of the above, please do not hesitate to contact me via email on r.mason@brookfieldcs.org.uk.

Yours faithfully

Mrs R Mason

R. Mason

Deputy Headteacher

Encs: